

Asthma Services in the Eastern Region

Respiratory Laboratories

Public

Alfred Hospital

Lung Function Laboratory
1st floor Linay Pavilion
Commercial Road
Prahran 3181
Tel: (03) 9276 3476

A&RMC

Respiratory Lung Function
Laboratory
Level 1, Harold Stokes Building
Austin Campus
145-163 Studley Road
Heidelberg 3084
Tel: (03) 9496 3723

Box Hill Hospital

Respiratory Laboratory
3rd Floor, adj to Physiotherapy Dept
Nelson Road
Box Hill 3128
Tel: (03) 9895 3390

Royal Children's Hospital

Respiratory Laboratory
8th Floor, main hospital building
Flemington Road
Parkville 3052
Tel: (03) 9345 5841

St Vincent's Hospital

Lung Function Centre
Bolte Wing, Level 2
Corner Nicholson & Princes Streets
Fitzroy 3065
Tel: (03) 9288 3133

St Georges Hospital

Lung Function Testing Service
283 Cotham Road
Kew 3101
Tel: (03) 9288 3134

Private

Eastern Respiratory Service

Central Booking Service for Lung
Function Laboratories
Tel: (03) 9210 7300

Maroondah Hospital
Pre-Admission Clinic
Davey Drive
Ringwood East 3135

Knox Private Hospital
Consulting Suites
262 Mountain Highway
Wantirna 3152

Heidelberg Consulting Suites
18 Martin Street
Heidelberg 3084

St Frances Xavier Cabrini Hospital (Medical Centre)

Lung Function Centre
Ground Level, Suite 14
183 Wattletree Road
Malvern 3144
Tel: (03) 9508 1626

Spirometry Services

Pulmetrics – Mobile Spirometry Service

- Service Conducted within the practice (i.e. no need for referral).
- Scientist with spirometer available to perform full spirometry on patients at a pre-arranged session.
- Service is bulk billed and is therefore cost-neutral to practices and patients.
- Preliminary report available immediately and formal written report within two days that includes result interpretation and treatment recommendations.

Contact Nory Side on 0410 538 410 for further details.

Spirometer Equipment Checking Service

Does your spirometer meet the American Thoracic Society specifications for accuracy and reproducibility?

The Lung Health Promotion Centre at The Alfred has the southern hemisphere's only pulmonary waveform generator, which is essentially a "computerised lung" using 24 different ATS standardised waveforms.

For a cost of approximately \$200, practices can have their spirometers' performance checked against the different waveforms and with a 3L syringe. Checks for leaks in equipment are also performed as part of this service.

For further details, contact the Lung Health Promotion Centre at The Alfred on (03) 9276 3476.

Asthma Educators

Victorian Asthma Health Educators Association (VAHEA) has contact details of asthma educators in the eastern metropolitan area who can provide asthma education. These details are available from the VAHEA website at: www.asthmaeducatorsvic.org.au

Asthma Support Services

Easy Breathers

Contact: Ted Molesworth
Tel: (03) 9598 7624
Meetings: 2nd & 4th Wednesdays
Castlefield Community Health Centre
Corner Bluff & South Roads
Hampton 3188
Melway Ref: 77 A4

Epworth Respiratory Support Group, Kew

Contact LungNet on 1800 654 301 for details

Huff & Puff Victoria

Contact: Max Beach

Tel: (03) 9435 5731

Email: huffpuffvic@primus.com.au

Meetings: 1st Wednesday

Banyule Community Health Centre

West Heidelberg Campus

Corner Catalina Street & Alamein Road

Heidelberg West 3081

Melway Ref: 19 E12

Whitehorse Respiratory Support Group

Contact: Tom Wanliss

Tel: (03) 9877 3356

Meetings: 4th Monday

St. Pauls Lutheran Church Hall

711 Station Street

Box Hill 3128

Melway Ref: 47 D9

Pulmonary rehabilitation programs available at:

- Cedar Court Health Service, Camberwell
- Donvale Rehabilitation Hospital, Donvale
- Victorian Rehabilitation Centre, Glen Waverley
- Angliss Health Service, Upper Ferntree Gully

Other Asthma Services

- **Physiotherapy Services** are available from local Community Health Centres.
- **Asthma Victoria** has many branches and support groups throughout the state, which are run by volunteers. Many of them raise funds to aid the ongoing work of Asthma Victoria and, together with the support groups, provide education, resources and/or emotional support locally for those with asthma and their carers.

Asthma Victoria

69 Flemington Road

North Melbourne 3051

Ph: (03) 9326 7088

Toll Free: 1800 645 130

Fax: (03) 9326 7055

Email: girving@asthma.org.au

- **Low Allergy Products** are available from **Healthy Dwelling Pty Ltd**
553 Burwood Highway
Hawthorn 3122
Ph: (03) 9818 0084
Free call outside Melbourne Metro Area: 1800 333 084
www.healthydwelling.com.au

- **Lung Health Promotion Centre**
The Alfred
Commercial Road
Prahran 3181

The Lung Health Promotion Centre is committed to excellence in the provision of continuing education and support for health professionals that will enable them to assist people with asthma and respiratory conditions.

For further details, call (03) 9276 3476.