

# ***Asthma Services in the Southern Region***

## **Respiratory laboratories**

### **Public**

#### **Alfred Hospital**

Lung Function Laboratory  
1<sup>st</sup> Floor Linay Pavilion  
Commercial Road  
Prahran 3181  
Tel: (03) 9276 3476

#### **A&RMC**

Respiratory Lung Function Laboratory  
Level 1, Harold Stokes Building  
Austin Campus  
145-163 Studley Road  
Heidelberg 3084  
Tel: (03) 9496 3723

#### **Box Hill Hospital**

Respiratory Laboratory  
3<sup>rd</sup> Floor, adjacent to Physiotherapy  
Dept  
Nelson Road  
Box Hill 3128  
Tel: (03) 9895 3390

#### **Dandenong Hospital (Southern Health)**

Respiratory Laboratory  
Lower Ground Floor, near Maternity  
David Street  
Dandenong 3175  
Tel: (03) 9594 2278

#### **Monash Medical Centre (Southern Health)**

Respiratory Laboratory  
Ground Floor  
246 Clayton Road  
Clayton 3168  
Tel: (03) 9594 2278

#### **Peninsula Health**

Central booking service for Peninsula Health lung function laboratories  
Tel: (03) 9784 7050

Frankston Hospital campus  
Dept of Cardiology & Thoracic Medicine

Level 3, main hospital building  
Frankston-Flinders Road  
Frankston 3199

Rosebud Hospital campus  
1527 Pt Nepean Road  
Rosebud 3939

#### **Royal Children's Hospital**

Respiratory Laboratory  
8<sup>th</sup> Floor, main hospital building  
Flemington Road  
Parkville 3052  
Tel: (03) 9345 5841

#### **St Vincent's Hospital**

Lung Function Laboratory  
Bolte Wing, Level 2  
Corner Nicholson & Princes Streets  
Fitzroy 3065  
Tel: (03) 9288 3133

#### **Western Hospital**

Lung Function Laboratory  
1<sup>st</sup> Floor, South Block  
Gordon Street  
Footscray 3011  
Tel: (03) 8345 6169

## **Private**

### **St Francis Xavier Cabrini Hospital (Medical Centre)**

Lung Function Laboratory  
Ground Level, Suite 14  
183 Wattletree Road  
Malvern 3144  
Tel: (03) 9508 1626

### **Peninsula Private Hospital**

Private Consulting Suites  
Cnr Cranbourne and McClelland Roads  
Frankston 3199  
Dr Peter Cole  
Tel: (03) 9776 6933

### **The Respiratory Services Group**

(On the grounds of the John Fawkner  
Hospital)  
281 Moreland Road  
Coburg 3058  
Tel: (03) 9351 0555

### **Southern Region Respiratory Service**

Moorabbin Hospital Consulting Suites  
869 Centre Road  
East Bentleigh 3165  
Tel: (03) 9570 5323

### **Eastern Respiratory Service**

Central Booking Service for Lung  
Function Laboratories  
Tel: (03) 9210 7300

Maroondah Hospital  
Pre-Admissions Clinic  
Davey Drive  
Ringwood East 3135

Knox Private Hospital  
Consulting Suites  
262 Mountain Highway  
Wantirna 3152

Heidelberg Consulting Suites  
18 Martin Street  
Heidelberg 3084

## **Spirometry services**

### **Pulmetrics – Mobile Spirometry Service**

- Service Conducted within the practice (i.e. no need for referral).
- Scientist with spirometer available to perform full spirometry on patients at a pre-arranged session.
- Service is bulk billed and is therefore cost-neutral to practices and patients.
- Preliminary report available immediately and formal written report within two days that includes result interpretation and treatment recommendations.

Contact Nory Side on 0410 538 410 for further details.

## **Spirometer Equipment Checking Service**

Does your spirometer meet the American Thoracic Society specifications for accuracy and reproducibility?

The Lung Health Promotion Centre at The Alfred has the southern hemisphere's only pulmonary waveform generator, which is essentially a "computerised lung" using 24 different ATS standardised waveforms.

For a cost of approximately \$200, practices can have their spirometers' performance checked against the different waveforms and with a 3L syringe. Checks for leaks in equipment are also performed as part of this service.

For further details, contact the Lung Health Promotion Centre at The Alfred on (03) 9276 3476.

## **Asthma Educators**

Victorian Asthma Health Educators Association (VAHEA) has contact details of asthma educators in the southern metropolitan area who can provide asthma education. These details are available from the VAHEA website at [www.asthmaeducatorsvic.org.au](http://www.asthmaeducatorsvic.org.au)

## **Asthma support services**

### **Better Breathers - Southern Peninsula**

Contact: Reg Hunt  
Ph: (03) 9435-5731  
Meetings: 1st & 3rd Tuesday  
Rosebud Rehabilitation Hospital  
Eastbourne Road / Third Avenue  
Rosebud 3939  
Melway Ref: 170 C3

### **Casey Croakers**

Contact: Rebecca McInerney  
Ph: (03) 5990 6789  
Meetings: 3rd Monday 1:00 pm to 3:30 pm  
Cranbourne Integrated Care Centre  
148 - 154 Sladen Street  
Cranbourne 3977

### **Easy Breathers**

Contact: Ted Molesworth  
Ph: (03) 9598 7624  
Meetings: 2nd & 4th Wednesdays  
Castlefield Community Health Centre  
Corner Bluff & South Roads  
Hampton 3188  
Melway Ref: 77 A4

## **Other Asthma Services**

- **Physiotherapy services** are available from local Community Health Centres.
- **Asthma Victoria** has many branches and support groups throughout the state, which are run by volunteers. Many of them raise funds to aid the ongoing work of Asthma Victoria and, together with the support groups, provide education, resources and/or emotional support locally for those with asthma and their carers.

Branches are located in Frankston, Mornington Peninsula and the City of Casey.  
For further details contact:

### **Asthma Victoria**

69 Flemington Road  
North Melbourne 3051  
Ph: (03) 9326 7088  
Toll Free: 1800 645 130  
Fax: (03) 9326 7055,  
Email: [girving@asthma.org.au](mailto:girving@asthma.org.au)

- **Low Allergy Products** are available from **Healthy Dwelling Pty Ltd**  
553 Burwood Highway  
Hawthorn 3122  
Ph: (03) 9818 0084  
Free call outside Melbourne Metro Area: 1800 333 084  
[www.healthydwelling.com.au](http://www.healthydwelling.com.au)
- **Lung Health Promotion Centre**  
The Alfred  
Commercial Road  
Prahran 3181

The Lung Health Promotion Centre is committed to excellence in the provision of continuing education and support for health professionals that will enable them to assist people with asthma and respiratory conditions.

For further details, call (03) 9276 3476.