

Chronic Disease Management (CDM) - Checklist for GPs

Preparing a GP Management Plan (GPMP) – MBS Item 721

- GPs undertaking a GPMP should refer to Medicare item 721 and the relevant MBS explanatory notes before using this checklist – see www.health.gov.au/chronicdisease.
- Use of this checklist is not mandatory.
- Checklists for all CDM items are available at the above website.

1. Eligibility		
This service is available to patients in the community and to private in-patients (including residents of aged care facilities) being discharged from hospital (see Medicare Item Note A.22.13).		
This service is for patients with a chronic or terminal medical condition. [See Medicare Item Note A.22.42(a)].		
This service is <u>not</u> available to public in-patients being discharged from hospital or residents living in an aged care facility.		
2. Pre GPMP		
Would the patient benefit by having a GPMP?	<input type="checkbox"/>	Mandatory
Explain steps and any costs involved to the patient.	<input type="checkbox"/>	Mandatory
Record the patient's agreement to proceed.	<input type="checkbox"/>	Mandatory
Obtain relevant information (eg previous care plans or assessments).	<input type="checkbox"/>	Recommended
3. GP Management Plan		
This includes the steps as per Note A22.12 in the MBS:		
• Assess the patient - identify &/or confirm health care needs, problems and relevant conditions	<input type="checkbox"/>	Mandatory
• Agree management goals with the patient (changes to be achieved by the treatment and services identified in the plan)	<input type="checkbox"/>	Mandatory
• Identify any actions to be taken by the patient	<input type="checkbox"/>	Mandatory
• Identify required treatment and services; make arrangements for provision of these services and for ongoing management	<input type="checkbox"/>	Mandatory
• Document the patient's needs, goals, patient actions, treatment/services and a review date (i.e. completing the GPMP document)	<input type="checkbox"/>	Mandatory
Offer a copy of the GPMP to the patient (and their carer if the patient consents).	<input type="checkbox"/>	Mandatory
Copy of the GPMP added to patient's medical record.	<input type="checkbox"/>	Mandatory
With patient's agreement, provide copy of GPMP or relevant parts to other providers involved in the patient's care.	<input type="checkbox"/>	As appropriate
4. Ongoing Management and Review		
Manage the patient's needs through normal consultations and regular review, using GPMP Review (MBS Item 725) or TCA Review (MBS Item 727) items as appropriate.	<input type="checkbox"/>	As indicated